

For workers involuntarily terminated as a result of the recession, the American Recovery and Reinvestment Act (ARRA) provides a 65% reduction in premiums for COBRA health care continuation coverage. This COBRA assistance is available for up to 9 months, and employees involuntarily terminated between September 1, 2008 and December 31, 2009, plus their families, are eligible. Premium reduction may also be available for health care continuation coverage that states may require for insurance policies sponsored by small employers (state mini-COBRA) and public employees. With premium reduction, 7 million individuals that otherwise might have had to go without will be able to keep their health coverage.

For more information, please visit <http://www.dol.gov/ebsa/COBRA.html> .